

APS LEAD-UP ATHLETICS MEETING FOR BOYS

Saturday 23 August 2008, 8.30am - 12.00 noon

at Sandringham Track, Thomas Street, Hampton

TRACK EVENTS

| | | |
|----------------|---------------------------|---|
| 8.30am | 4 x 100 metres Relays | U13 U14 U15 U16 U17 Open |
| 9.00am | 3000 metres 100 metres | Open U13 Back straight U14 Back straight U15 Back straight U16 Front straight U17 Front straight Open Front straight |
| 9.50am | Hurdles 800 metres | U13 Curve start (2 per lane) U14 Curve start (2 per lane) U15 Stagger start (2 per lane) U16 Stagger start (2 per lane) U17 Stagger start (2 per lane) Open Stagger start (2 per lane) |
| 10.30am | 200 metres | U13 U14 U15 U16 U17 Open |
| 10.50am | 1500 metres | U13-U14 U15-U16 U17-Open |
| 11.30am | 400 metres | U13 U14 U15 U16 U17 Open |

FIELD EVENTS

| | | | |
|----------------|---|---|---|
| 9.00am | Shot Put High Jump Triple Jump Long Jump Long Jump Triple Jump | U17 U15 U16 Open U15 U17 | Pit 1&2 Pit 2 Pit 2 Pit 1 Pit 1 |
| 9.30am | High Jump | U16 | |
| 9.40am | Shot Put Long Jump Triple Jump Triple Jump Long Jump | U16 U13 U14 U15 U17 | Pit 1&2 Pit 1 Pit 1 Pit 2 Pit 2 |
| 10.00am | High Jump | U17 | |
| 10.15am | Shot Put | U13 U14 | Pit 1 Pit 2 |
| 10.30am | High Jump | Open | |
| 10.50am | Shot Put Triple Jump Long Jump Long Jump Triple Jump | U15 Open U16 U14 U13 | Pit 1&2 Pit 1 Pit 1 Pit 2 Pit 2 |
| 11.00am | High Jump High Jump Shot Put | U13 U14 Open | Pt 1 |

*****Schools are responsible for timing their own competitors*****

OFFICIALS

Announcer, Marshals & Starters

XC

FIELD EVENT OFFICIALS

| | |
|-------------|--------------------------------------|
| High Jump | Smith & Woodard. Hogan to coach. |
| Shot Put | Konstantatos & Sofo. Hayes to coach. |
| Triple Jump | XC |
| Long Jump | XC |

FIRST AID

Schools to provide their own

COMPETING SCHOOLS

SC & XC

RECORDKEEPING

Feutrill (in charge), Grose, Morley, Long

Specialist coaches to be coaching at their events: Hart, Blair, Commons, Hayes, Hogan, Argent